

# Navigating Your Journey

Through Secondary  
Schools in FBISD

**FBISD**  
INSPIRE • EQUIP • IMAGINE

# Middle School Parent's Guide

to Supporting Your Student's Goals



## Conversations

- Have conversations with your student regarding their interests to begin to explore and identify what they might consider for a college degree or career choice

## Study Habits

- Work with your student to develop good study and organizational habits Such as:
  1. Quiet place to study
  2. Minimize distractions
  3. Set study goals
  4. Take Breaks

## Collaboration

- Partner with your student's teachers and counselors to address academic and social emotional barriers for students
- Partner with your child and counselor to select elective courses and courses that challenge them

## Grades

- Work with your student to help develop a strong plan for keeping track of grades
- Collaborate with teachers to discover ways to help your student succeed academically

## College Costs

- Look at colleges your student may be interested in to see what their yearly costs are
- Use [Student Aid Estimator](#) at FASFA.gov to get an estimate of your student's federal student aid for college

## College Savings

- Open a savings account for college that you and your student can contribute to
- Explore tax advantages and state plans for saving for colleges

[www.collegesavings.com](http://www.collegesavings.com) or  
[StudentAid.gov/parent](http://StudentAid.gov/parent)



[Helping Your Child Series by the US Department of Education](#)

Articles include how to help your student with homework to how to help them through adolescence.

## Comparison of Academic Course Levels

On-Level	Advanced Academics (AAC)	Advanced Placement AP	Dual Credit	OnRamps Dual Enrollment
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Choosing an academic level is not "all or nothing." Students may take from one to all of their classes at any level as well as move to different levels from year to year.

### GRADE LEVELS

Grades 6-12	Grades 6-12	Grades 9-12	Grades 10-12	Grades 10-12
FBISD's on-level curriculum is a college-bound curriculum.	Course designed to be more challenging than on-level course and prepares students for rigor of subsequent AP Course(s)	Course prepares students to take an AP Exam for college credit.  Prepares students for success in college level course work.	Course earns college credit through Houston Community College (HCC)  "Dual credit" earned is college credit and high school credit for one course.	Students are enrolled in a college course in conjunction with their high school course and earn credit for the high school course and college credit from UT

### REQUIREMENTS FOR ENROLLMENT

Open Enrollment	Open Enrollment  Possible pre-requisite courses may exist for some courses.	Open Enrollment  Possible pre-requisite courses may exist for some courses.	<b>Only ECHS and P-TECH students must be TSI ready</b>  Acceptance into HCC by deadline.	Open Enrollment  Possible pre-requisite courses may exist for some courses.
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### GPA WEIGHT

Semester numeric average only	+5 points to semester numeric average	+10 points to semester numeric average	+10 points to semester numeric average	+10 points to semester numeric average
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### COLLEGE CREDIT

No college credit earned	No college credit earned	Student must earn a 3,4,5 on the AP exam for a passing score.  Passing AP Scores are accepted for college credit at: <ul style="list-style-type: none"><li>• All Texas public universities</li><li>• At most public and private universities nationwide</li></ul>	Student will earn high school and HCC college credit for passed courses.  College Credit is accepted at all Texas public colleges and universities.  College Credit at private or out of state schools will vary  Low or failing grades in any dual credit course can affect admission status and financial aid for any institution following graduation.	Students are able to decided at the end of the course if they would like to accept the college credit or not.
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### ADDITIONAL INFORMATION

Additional support may be needed for transition to AAC/AP courses.	H/GT courses are comparable to AAC courses with the exception that the course does not have direct alignment to a subsequent AP course.	AP Exam fees apply. Reduced fees are available for lowincome students.  To order an AP exam, students must make an exam decision on College Board MyAP website and pay for the exam through FBISD.  Course grades reported on high school transcript.	Dual Credit courses are currently tuition free through HCC.  Subject to fees and other costs that may include textbooks and specified resources.  Final course grade becomes record on high school and college transcripts.	There is a cost associated with the course and a reduced fee for students who qualify for free and reduced lunch.  The college grade comes at the completion of the UT portion of the course and students must choose whether to accept college credit for the course.
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## Foundation Graduation Program Overview

Foundation-Only 22 Credits*	Foundation + Endorsements – 26 Credits	Distinguished Level of Achievement – 26 Credits
<ul style="list-style-type: none"> <li>• 4 credits English – ELA I, II, III, IV or one credit in any authorized advanced English course</li> <li>• 3 credits Mathematics – Algebra I, Geometry, one credit in any authorized advanced math course</li> <li>• 3 credits Science – Biology, IPC/ Chemistry/ Physics, and one credit in any authorized science course</li> <li>• 3 credits Social Studies – US History, Government, Economics, World Geography and/or World History</li> <li>• 2 credits World Language or Computer Science (level I and level II)</li> <li>• 1 credit Physical Education</li> <li>• 1 credit Fine Arts</li> <li>• .5 credit Health (FBISD)</li> <li>• .5 credit Speech (FBISD)</li> <li>• 4 credits in electives (may include CTE or certification courses)</li> </ul> <p>* Students may opt to Foundation-only after completing sophomore year with parent and campus approval.</p>	<ul style="list-style-type: none"> <li>• 4 credits English – ELA I, II, III, IV or one credit in any authorized advanced English course</li> <li>• 4 credits Mathematics – Algebra I, Geometry, two credits in any authorized advanced math course</li> <li>• 4 credits Science – Biology, IPC/ Chemistry/ Physics, and two credits in any authorized science course</li> <li>• 3 credits Social Studies – US History, Government, Economics, World Geography and/or World History</li> <li>• 2 credits World Language or Computer Science (level I and level II)</li> <li>• 1 credit Physical Education</li> <li>• 1 credit Fine Arts</li> <li>• .5 credit Health (FBISD)</li> <li>• .5 credit Speech (FBISD)</li> <li>• 6 credits in electives (may include CTE or certification courses)</li> <li>• Credit requirements specific to at least one endorsement</li> </ul>	<ul style="list-style-type: none"> <li>• 4 credits English – ELA I, II, III, IV or one credit in any authorized advanced English course</li> <li>• 4 credits Mathematics – Algebra I, Geometry, Algebra II**, one credit in any authorized advanced math course</li> <li>• 4 credits Science – Biology, IPC/ Chemistry/ Physics, and two credits in any authorized science course</li> <li>• 3 credits Social Studies – US History, Government, Economics, World Geography and/or World History</li> <li>• 2 credits World Language or Computer Science (level I and level II)</li> <li>• 1 credit Physical Education</li> <li>• 1 credit Fine Arts</li> <li>• .5 credit Health (FBISD)</li> <li>• .5 credit Speech (FBISD)</li> <li>• 6 credits in electives (may include CTE or certification courses)</li> <li>• Credit requirements specific to at least one endorsement</li> </ul>

**\*\*While a student is not required by state law (Texas Education Code, Section 28.025) to successfully complete Algebra II as a requirement for high school graduation, a student may not earn the distinguished level of achievement or be eligible for automatic admission to a Texas public college or university if the student does not successfully complete high school Algebra II. In addition, many colleges and universities require Algebra II as an admission requirement even if the student is not in the top 10% of their class. For more information, please visit the FBISD website: <https://www.fortbendisd.com/Page/984>**

## Endorsements, Programs and Pathways

STEM	Business and Industry	Public Service	Arts and Humanities	Multidisciplinary Studies
<ul style="list-style-type: none"> <li>• Math</li> <li>• Science</li> <li>• STEM</li> </ul>	<ul style="list-style-type: none"> <li>• Agriculture, Food, and Natural Resources</li> <li>• Architecture and Construction</li> <li>• Arts, Audio/Video Technology, and Communications</li> <li>• Business, Marketing, and Finance</li> <li>• Hospitality and Tourism</li> <li>• Information Technology</li> <li>• Manufacturing</li> <li>• Transportation, Distribution, and Logistics</li> <li>• English — Journalism and Debate</li> </ul>	<ul style="list-style-type: none"> <li>• Education and Training</li> <li>• Health Science</li> <li>• Human Services</li> <li>• Junior Reserve Officers' Training Corps (JROTC)</li> <li>• Law and Public Service</li> </ul>	<ul style="list-style-type: none"> <li>• Visual Art (drawing, painting, sculpture, ceramics, and digital art)</li> <li>• Music (band, orchestra, choir)</li> <li>• Theatre (theatre, technical theatre, and theatre production)</li> <li>• Dance</li> <li>• World Languages</li> <li>• Social Studies</li> </ul>	<ul style="list-style-type: none"> <li>• 4x4</li> <li>• Advanced Courses</li> <li>• AP/IB/Dual</li> </ul>

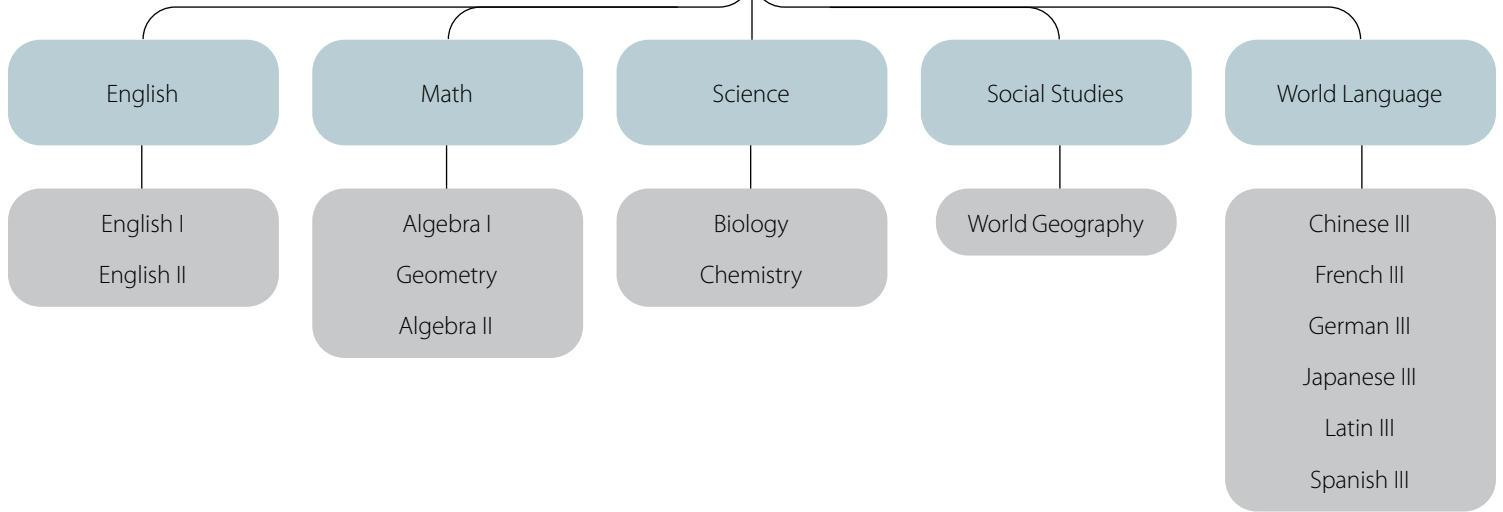
State Assessments Required for Graduation		Performance Acknowledgments	
English I English II Algebra I	US History Biology	<ul style="list-style-type: none"> <li>• Outstanding performance: Dual credit coursework; bilingualism/ biliteracy; college AP or IB exam; PSAT, ACT-Plan, SAT, or ACT</li> </ul>	<ul style="list-style-type: none"> <li>• Certification: nationally or internationally recognized business or industry certificate or license</li> </ul>

## Career Clusters and Careers

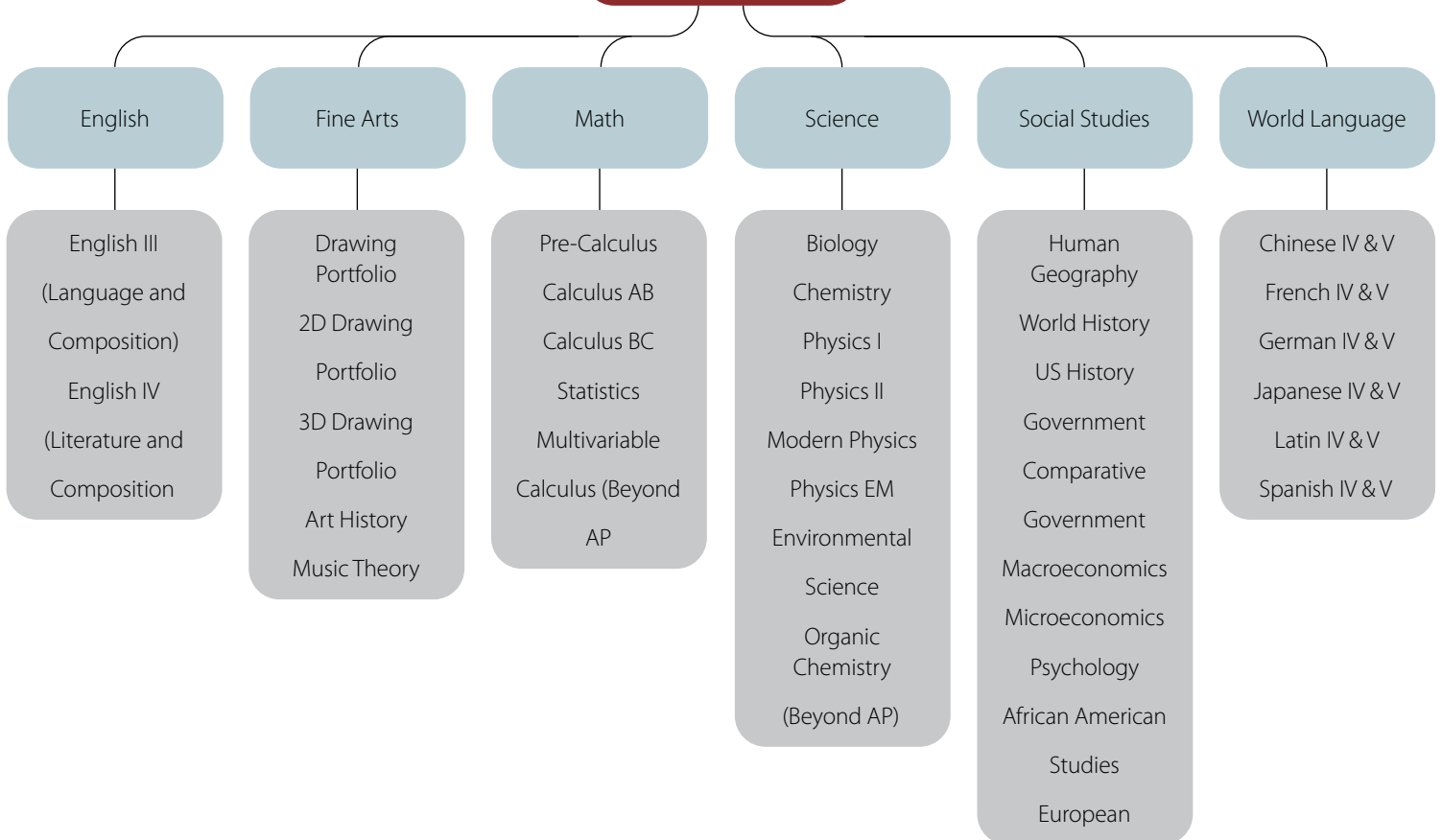
CAREER CLUSTER	DESCRIPTION
Agriculture Food & Natural Resources	Agricultural Science Teacher Veterinarian Forest Fighter
Architecture & Construction	Architect Brickmason or Cement Mason Electrician or Plumber
Arts, A/V Technology & Communications	Graphic Artist Art, Theatre, or Music Teacher Newspaper Reporter
Business Management & Administration	Account! Clerk Financial Manager Company Executive ( CEO,CFO)
Education & Training	School Counselor or School Psychologist Teacher or Teacher's Aide College Advisor
Finance	Actuary Appraiser Financial Institution Manager (Banker)
Government & Public Administration	Government investigator (FBI, CIA, DIA) Public Works Director City or Town Manager
Health Science	Dietician Athletic Trainer Pharmacist
Hospitality & Tourism	Recreational Leader Camp Counselor Travel Agent
Human Services	Child care worker Recreational Worker Rehabilitation or Substance Abuse Director
Information Technology	Computer System Engineer, Analyst or Architect Database Administrator Network Systems Analyst
Law, Public Safety, Corrections & Security	Attorney or District Attorney Corrections Officer Court Reporter or Clerk
Manufacturing	Machine Operator Welder Cabinetmaker or Furniture maker
Marketing	Real Estate Agent or Manager Real Estate Appraiser Fashion or Floral Designer
Science, Technology, Engineering & Mathematics	Anthropologist Physicist Environmental Scientist
Transportation, Distribution & Logistics	Commercial Pilot Air Traffic Controller Transportation Specialist

## AAC Courses

Previously Pre-AP



## AP Courses



## Houston Community College (HCC) Dual Credit Core Courses

HCC dual credit courses being offered on an FBISD high school campus are dependent on available and qualified HCC Adjunct staff. Not all courses listed below are available at all campuses. Please check with your school counselor for available courses at specific high schools.

FBISD DC Course Number	FBISD Course Title	FBISD Credit	HCC Course Number	HCC Course Title	HCC Course Credit Hours	Eligible Grade Levels & Prerequisites	Comments
EL642	English IV	1.0	ENGL 1301 & ENGL 1302	English Composition I & II	6	Open to 12th grade only (Must meet TSI Minimum Requirements)	Course can be taken on a high school or HCC campus. Class size limit of 25 students.
MA555	Independent Study Math (College Algebra)	1.0	MATH 1314	College Algebra	3	Open to 12th grade only (Must meet TSI Minimum Requirements)	College credit awarded in spring semester. Must be taught by FBISD embedded staff due to Independent Study component. Class size limit of 30 students.
SS436	US History	1.0	HIST 1301 & HIST 1302	US History to 1877 & US History after 1877	6	Open to 11th & 12th grade only (Must meet TSI Minimum Requirements)	Must be taught by FBISD embedded staff due to History EOC requirement. Class size limit of 30 students.
SS4461 or SS4462	US Government	0.5	GOVT 2305	American National Government	3	Open to 12th grade only (Must meet TSI Minimum Requirements)	Course can be taken on a high school or HCC campus. Class size limit of 30 students.
SS4561 or SS4562	Economics	0.5	ECON 2301	Principles of Economics (Macro)	3	Open to 12th grade only (Must meet TSI Minimum Requirements)	Course can be taken on a high school or HCC campus. Class size limit of 30 students.
SS513	Psychology	0.5	PSYC 2301	Introduction to Psychology	3	Open to 11th & 12th grade only (Must meet TSI Minimum Requirements)	Course can be taken on a high school or HCC campus. Class size limit of 30 students.
SS523	Sociology	0.5	SOCI 1301	Introduction to Sociology	3	Open to 11th & 12th grade only (Must meet TSI Minimum Requirements)	Course can be taken on a high school or HCC campus. Class size limit of 30 students.
FL711 & FL721	American Sign Language I & II	2.0	SGNL 1401 & SGNL 1402	American Sign Language Beginning I & II	8	Open to 9th through 12th grades (Must meet TSI Minimum Requirements)	Course can be taken on a high school or HCC campus. Class size limit of 16 students.
FL311 & FL321	German I & II	2.0	GERM 1411 & GERM 1412	Beginning German I & II	8	Open to 9th through 12th grades (Must meet TSI Minimum Requirements)	Course can be taken on a high school or HCC campus. Class size limit of 25 students.
CAT385	Professional Communications (Speech)	0.5	SPCH 1315	Public Speaking	3	Open to 11th & 12th grade only (Must meet TSI Minimum Requirements)	Course can be taken on a high school or HCC campus. Class size limit of 25 students.
LP111	College Transitions	0.5	EDUC 1300	Learning Framework	3	Open to 9th through 12th grades (No TSI Requirement)	Course can be taken on a high school or HCC campus. Class size limit of 25 students.
TA610	Mobile Application Development	1.0	ISTE 1402	Computer Programming – Swift I	4	Open to 9th through 12th grades (No TSI Requirement). Must have completed Algebra II & Geometry prior to starting this course.	Course can be taken on a high school campus only. Class size limit of 20 students.

## CTE Dual Credit Courses

Credit awarded through Texas State Technical College (TSTC)  
IHE - Institution of Higher Education awarding college credit

FBISD DC Course Number	FBISD Course Title	FBISD Credit	IHE Course Number	IHE Course Title	IHE Course Credit Hours	Eligible Grade Levels & Prerequisites	Comments
CTD095	Automotive Technology I: Maintenance and Light Repair	2	AUMT 1305 and AUMT 1307	Introduction to Automotive Technology and Automotive Electrical Systems	6 (TSTC)	Open to 10th through 12th grade; Completed application and acceptance required at the James Reese Career and Technical Center; Completed application and acceptance at TSTC	AUMT 1305 is awarded 3 hours credit in the Fall and AUMT 1307 is awarded 3 hours credit in the Spring. Class size limit of 25 students
CTD105	Automotive Technology II: Automotive Service	2	AUMT 1416 and AUMT 1310	Automotive Suspension & Steering Systems and Automotive Brake Systems	7 (TSTC)	Open to 11th and 12th grade; Completed application and acceptance required at the James Reese Career and Technical Center; Completed application and acceptance at TSTC	AUMT 1416 is awarded 4 hours credit in the Fall and AUMT 1310 is awarded 3 hours credit in the Spring. Class size limit of 25 students



## Grade Tracker

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## Grade Tracker

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**Notes**

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New in Middle School		Strategies
You will have multiple teachers	TRY TO	Get to know each teacher and their expectations. Find an organization system that works for you.
You will have to move from class to class	TRY TO	Use the map to find the best path from class to class, and keep an eye on the time.
You will have to change clothes for PE	TRY TO	<p>Make sure you know where the locker rooms are.</p> <p>Make sure you always have your clothes ready.</p>
You get to choose your elective courses	TRY TO	<p>Choose electives that appeal to you or match your interests.</p> <p>Talk to your counselor about the courses and opportunities that are new.</p>
You get to join clubs	TRY TO	Look for clubs that interest you, learn more about them, and try a couple out. Keep an open mind.
You get to be a member of a sports team, Band, choir, orchestra, and/or theater	TRY TO	<p>Try new sports or activity to find something you enjoy.</p> <p>Use a planner or organizer to balance your school work with your sports activity.</p>

# Middle School While You Are Here

## Find A Way To Express Yourself

Middle School is a great time to figure out your interest through a variety of activities within school and in your community.

- Play an instrument or want to learn? Join Band or Orchestra
- Love to sing? Join Choir
- Enjoy TV and Movies? Join Theater/Drama
- Love to read? Visit the Library to discover new worlds
- Not sure what you love? Discover new interests - Join a club: See *Club and Organizations* tab on your campus website for a list of clubs.
- Tryout for a school team sport
- Join faith-based organization
- Volunteer in your community

## Learning How To Balance

Learning to balance your schoolwork, activities, sleep, spending time with others and taking time for yourself can be difficult.

The Learner Disposition Taking Responsible Risks means you are being adventuresome and living on the edge of your abilities. What does it look like, sound like and feel like for you to Take Responsible Risks?

- How does Taking Responsible Risks support you in balancing all the things in your life?
- How does Taking Responsible Risks support you in growing as a human being?

## Things To Balance

- Time Management will be important to ensure you do not get overwhelmed. In addition to your 7 classes, you may be involved in extra-curricular activities at school or in your community. Allow time to adjust.
- Developing good Study Skills is important for learning to balance your schoolwork and time spent outside of the classroom for each class.
- Making friends with your peers by asking them simple questions about their favorite things, their likes and dislikes.
- Social Media is not real life. Balance how you engage and invest in your online life.
- Taking care of yourself mentally and emotionally by advocating for your needs. Remember getting a good night's sleep and taking time to rest will help to keep you focused.

## Time Management

9 Proven Time Management Techniques and Tools Article - <https://bit.ly/3cpjIEQ>

Make a chart of all the things you need to balance and how much time you spend on each in a week.

## Study Skills

Motivating Yourself to Study Article - <https://bit.ly/3TCU93V>

Make a list of distractions that keep you from getting your homework completed and one way to work through that distraction.

## Making Friends

15 Ways to Make Friends in Middle School Article - <https://bit.ly/3CGqGzW>

Try talking to 5 new people each week - in your classes, at lunch, or on your team

## Taking Care Of Yourself

11 Self-Care Tips for Teens and Young Adults Article - <https://bit.ly/3QZ89TJ>

Try to do one thing a day that fills your cup and encourages you to take care of yourself.





# 6th Grade College & Career Preparation

**Below are questions to think on to determine your college and career interests.**

## **What Kind Of A Student Am I?**

It's important to explore what kind of a student you are and how you grow as a student. This quiz can help you determine what kind of a student you are now.

[Educationplanner.org](https://www.educationplanner.org)

## **What Kind Of Careers Meet Your Interest?**

Take a career interest survey with Mynextmove.org

[Mynextmove.org](https://www.mynextmove.org)

## **Things To Consider**

- What clubs on campus align with my interest?
- What courses are available to take that will help me toward my interest area?
- Are their adults in my life that I could ask questions to about my career interests?
- Enroll in an AAC course

## **How Do I learn?**

Figuring out your learning style will help you grow as a student. Figuring out your learning style can help you learn how to become a better student.

[Educationplanner.org](https://www.educationplanner.org)

## **What Can I Go To Find Out About Careers I'm Interested In?**

Use the tools available on Mynextmove to learn about those careers that match your interest

[Mynextmove.org](https://www.mynextmove.org)

## **What Activities Can I do On My Campus?**

- Join a club
- Play in the orchestra
- Sing in the choir
- Join Theater
- Join a book club
- Tryout for a team sport
- Volunteer

Below are questions to think on to determine your college and career interests.

There are many different pathways you can take to reach your post-secondary life goals. It is always important to understand each and make a decision that is the best fit for you. Below you will find the pros and cons to different routes after high school.

	College/University	Trade School (2 years or less)	Military
	Perfect for people want to explore different fields or focus areas.	Perfect for people who prefer hands-on work and are sure of what they want to do.	Perfect for people who want to serve their country while learning a usable job skill or education.
If you want to be	Engineer Doctor Teacher Lawyer	Electrician Mechanic Medical Assistant Construction Manager	Army Air Force Coast Guard Marines Navy
Think About	<ul style="list-style-type: none"><li>• How does 4-6 years of education sound?</li><li>• What will you need for the in depth application process</li><li>• How much will it cost to attend?</li><li>• Did you know that on average you can earn more over your lifetime with these jobs?</li><li>• What course can you take in high school that align to your interest?</li></ul>	<ul style="list-style-type: none"><li>• How does 2 or less years of education sound? What will you need for the simple application process.</li><li>• Are you interested in a high demand job? How much will it cost to attend?</li><li>• Did you know that depending on the job there is potential for higher earnings?</li><li>• What course can you take in high school that align to your interest?</li></ul>	<ul style="list-style-type: none"><li>• How do you feel about signing a contract for a set number of years of required service.</li><li>• Did you know that your service would qualify you for the GI Bill to pay for college?</li><li>• Did you know that you could get on the job training and educational opportunities?</li><li>• What course can you take in high school that align to your interest?</li><li>• Did you know that you get free health care?</li><li>• Did you know you can attend a 4 yr college and be part of ROTC?</li></ul>

# Middle School While You Are Here

## Independence And Growth

Middle School is a great time to grow your independence and respectfully advocate for your needs at school and in your personal life.

The Learner Disposition *Courage* means you have reasoned perseverance in the face of fear or adversity. You are living with courage when you face your fears and make a stand for what you believe in. What does it look like, sound like and feel like for you to have **Courage**?

- How does having Courage support you in growing your independence?
- What does it mean for you to advocate for yourself?
- How does gaining independence and advocating for yourself lead to better collaboration?

## Learning How To Collaborate

Engaging in conversations with the adults in your home, your teachers, and your peers about your day, your expectations, and your needs may help others support you and for you to learn how you may support them.

The Learner Disposition *Thinking and Communicating with Clarity and Precision* means you are striving for accurate communication in both written and oral form. You avoid overgeneralizations, distortions and deletions. What does it look like, sound like and feel like for you to **Think and Communicate with Clarity and Precision**?

Why is **Thinking and Communicating with Clarity and Precision** important for collaboration?

## Knowing Your Audience

Developing open communication daily with your adults at home about what is going on with

your schoolwork, your teachers, and your friends will help them to support you if a challenge arises.

There are **3 Elements of Communication**: your body language makes up 55% of your message. The way you are holding your body (posture, gestures, facial expressions, etc.) while communicating makes an impact on how people receive the message. The tone of your voice is 38% of the message. Which leaves the actual words, or context of your message at only 7%. Communication and Collaboration will look and feel different with different people in your lives. Below are some conversation starters (sentence stems and guiding questions) to support you.

## Conversations With Adults At Home

"I feel/think \_\_\_\_\_ because and I need \_\_\_\_\_. "I need help with \_\_\_\_\_."

"When I get frustrated/mad/sad/or any emotion, I need \_\_\_\_\_."

## Conversations With Teachers

"I understand up until this point \_\_\_\_\_, and then I get lost."

"I need help with \_\_\_\_\_."

"When \_\_\_\_\_ happens, I feel \_\_\_\_\_ and need support from you by \_\_\_\_\_."

## Conversations With Peers

"Can you tell me more?"

"This reminds me of \_\_\_\_\_ because \_\_\_\_\_."

"I agree/disagree with \_\_\_\_\_ because \_\_\_\_\_. "I respect your opinion and I see if from this point of view: \_\_\_\_\_."

## Conversations Via Internet

Email to an adult: use proper English. No texting language and emojis.

Text to an adult in your home: be sure to use respectful language.

Text to your friends: remember once you put it out into the digital world, there is no taking it back.





# 7th Grade College & Career Preparation

**Below are questions to think about to determine your college and career interest areas and begin thinking about high school.**

## **What Can I do Now to Explore My Interests?**

Visit [RoadTripNation.com](https://www.RoadTripNation.com) for an interactive experience and videos from people in your area of interest.

## **How Do I Explore The Post Secondary Step For My Interest?**

Try this quiz to see if college or trade school is right for you from [CollegeCovered.com](https://CollegeCovered.com)

## **How Do I Connect My Interest With Courses in 8th Grade and High School?**

Use the [MapMyGrad](https://MapMyGrad.com) quiz to align your interests with a HS endorsement.

Are there any classes, like Algebra I, that you could take as an 8th grader to prepare you for high school?

See the handouts for more ideas

## **What Do I Have To Do To Pursue My Interests?**

Does it require a college degree? Can I attend a technical school to become it?

Does it require joining the Armed Forces?

Can I go straight to the workforce after high school; however, would having a college degree help for when I'm ready?

## **How Can I Start To Find A College or Trade School That I Might Like?**

Use [BigFuture](https://BigFuture.collegeboard.org) from College Board to find the right college for you?

Use the [Toptrade.school](https://Toptrade.school) quiz to find a trade and find programs in our area that align to it.

## FBISD Academies

The purpose of the Fort Bend ISD High School Academies is to provide specialized learning communities with concentrated and rigorous course pathways that include both career and academic coursework.

These specialized academies exist at the high school level to provide focused study and services, launching our students toward careers and college pathways in a number of highly skilled and competitive areas. A middle school GT Academy and a GT Mentorship program are also offered for selected students. All of these programs are offered through an application process, which includes a combination of academic performance data, test scores and interviews.

Students apply for high school academies as 8th graders. Students will receive an email with their test or interview dates. Students must reside in the FBISD attendance zone during this application window in order to apply. Students may not apply and will not be accepted outside of this process. In order to properly staff our programs, create schedules, and train staff we must limit the application period for all specialized programs. There are no exceptions to this policy.









Digital Media Academy, Global Studies Academy, & International Business and Marketing Academy

Phone: 281-634-3106

Engineering Academy, Math and Science Academy, & Medical Science Academy Phone: 281-634-5645

Website: <https://www.fortbendisd.com/academies>

## FBISD High School Programs

-  The Digital Media Academy exists to provide students exposure and skills applicable to digital media career pathways and to prepare students for entry level positions or college career readiness upon completion of the program.
-  The Engineering Academy exists to provide students opportunities to receive in-depth exposure to a specific career pathway in the engineering field. The Academy is comprehensive in nature and covers the multiple disciplines in the general field of engineering with an emphasis on the engineering design process.
-  The Global Studies Academy exists to equip students to effectively solve the challenges society will face in the future while developing multi-faceted global citizens. Students are empowered to become innovative global leaders and thinkers who celebrate diversity.
-  The International Business and Marketing Academy exists to provide students opportunities to develop skills in one of two career pathways – Business or Marketing. Upon completion of the academy, students will be able to conduct basic accounting, marketing and management functions for a business.
-  The Math & Science Academy exists to provide students opportunities to advance through a specialized series of courses to prepare them for careers in math and science fields. Emphasis is placed on the significance of math and science in a modern society propelled by daily technological innovation.
-  The Medical Science Academy exists to provide students opportunities to explore world-class medical facilities and position themselves for medical careers. The Academy offers four years of robust curriculum focused on a variety of medical science topics.

## FBISD Early College Programs

### P-Tech

The Pathways in Technology Early College High School (P-TECH) model is designed to ensure that the high school curriculum focuses on workforce needs and partnerships that support students in obtaining credentials, degrees, and certificates. With the support of Educate Texas and the Texas Education Agency (TEA), participating schools target thriving industries in their region, to address key workforce pathways in high-demand fields.

### Early College High School

The Early College High School (ECHS) model is a blend of high school and college coursework that allows students to earn up to 60 hours, or two years, of tuition-free college credit while earning a high school diploma. This model increases college readiness, providing rigorous instruction and coursework as well as academic and social support.

#### Pathways in Technology — Health Science at Hightower High School (P-TECH)

This program is a valuable option for students interested in medical services field.

- Acceptance is limited to 100 students
- Students who are accepted into the P-TECH Health Science will attend Hightower HS and will be eligible for all other extracurricular activities, fine arts and athletic programs.

#### Pathway in Technology - Computer Science at Willowridge High School (P-TECH)

This is a great program for students interested in software engineering or computer programming.

- Acceptance is limited to 100 students
- Students who are accepted into the P-TECH Computer Science will attend Willowridge HS and will be eligible for all other extracurricular activities, fine arts and athletic programs.

#### Early College High School at Marshall High School

Students participating in this program have the opportunity to earn an Associate of Arts or Science.

- Acceptance is limited to 100 students
- Students who are accepted into the Early College High School will attend Marshall HS and will be eligible for all other extracurricular activities, fine arts and athletic programs.

### Benefits Of Participating In P-Tech/Early College High School

- Earn up to 60 hours of college credit, at no cost, while earning your high school diploma
- Organizational supports available through the AVID curriculum that offers strategies on how to study, plan, take notes and manage time
- Academic and social experiences that encourages you to continue with higher education

### Contact Us

#### P-TECH at Hightower HS

Phone: 281-634-0013

Website: <https://www.fortbendisd.com/Page/114850>

#### P-TECH at Willowridge HS

Phone: 281-634-2585

Website: <https://www.fortbendisd.com/Page/114851>

#### Early College High Schools

Phone: 281-634-9897

Website: <https://www.fortbendisd.com/domain/15898>

#### FBISD High School Program Coordinator

Phone: 281-634-0867







# PROGRAMS OF STUDY

**AGRICULTURE, FOOD & NATURAL RESOURCES**

VETERINARIAN

ANIMAL SCIENTISTS



**ARCHITECTURE & CONSTRUCTION**

ELECTRICIAN

ARCHITECT



**ARTS, AUDIO/VIDEO TECHNOLOGY & COMMUNICATIONS**

FILM EDITOR

GRAPHIC DESIGNER



**BUSINESS, MARKETING & FINANCE**

ACCOUNTANT

ENTREPRENEUR



**EDUCATION & TRAINING**

TEACHER

COACH



**HEALTH SCIENCE**

SURGEON

REGISTERED NURSE



**HOSPITALITY & TOURISM**

EXECUTIVE CHEF

RESTAURANT MANAGER



**HUMAN SERVICES**

COSMETOLOGY STYLIST

SOCIAL WORKER



**INFORMATION TECHNOLOGY**

CYBER SECURITY

WEB DEVELOPER



**JROTC**

AIR FORCE • ARMY

MARINE CORP • NAVY



**LAW & PUBLIC SERVICE**

POLICE OFFICER



FBI AGENT



**MANUFACTURING**

WELDER



MACHINE OPERATOR



**STEM**

ENGINEER



SOFTWARE DEVELOPER



**TRANSPORTATION, DISTRIBUTION & LOGISTICS**

DIESEL TECHNICIAN

AUTOMOTIVE MECHANIC



# Middle School While You Are Here

## Self-Awareness

Middle School is a great time to grow your self-awareness: recognizing your emotions and values as well as your strengths and challenges.

The Learner Disposition of Metacognition (or Thinking about your Thinking) means you are aware of your own thoughts, strategies, feelings, and actions and their effects on others. What does it look like, sound like and feel like for you to have Metacognition?

- How does Thinking about your Thinking support you in finding balance and growing your independence?
- How does Metacognition support you in collaborating with others?

## Learning To Reflect

During Middle School, it is important to self-reflect in an attempt to learn more about yourself and what makes you YOU.

The Learner Disposition Truthfulness means you are consistently being truthful and honest with yourself. You are living with truthfulness when I am honest with others and myself. What does it look like, sound like and feel like for you to live openly?

- How do Metacognition and Truthfulness support figuring out who you are and who you'd like to become?
- Remember to focus on the things you CAN control in your life.

## Looking Back

- What were ways you balanced your personal life, extra-curricular activities, and school work this past year?
- How successful were you at maintaining balance?
- How did you track your time management? What adjustments do you need to make to ensure your time management tools work for you going forward?
- Are there new or different electives, clubs, or community activities you could join to help support your interests and building your personal community?
- What steps did you practice this year to ensure you were Thinking and Communicating with Clarity and Precision?
- Think of the times you collaborated with the adults in your home, a teacher, and your peers, how well did those conversations go? Are their ways you will improve for the next time?
- How will you learn from this past year?

## SEL Journal

Social and Emotional Learning (SEL) is an integral part of education and human development. SEL is the process through which all young people and adults acquire and apply the knowledge, skills, and attitudes to develop healthy identities, manage emotions and achieve personal and collective goals, feel and show empathy for others, establish and maintain supportive relationships, and make responsible and caring decisions.

SEL Journal: Self-Awareness - <https://bit.ly/3cwGll6>

## Goals For Next Year

S.M.A.R.T Goals are Specific, Measurable, Achievable, Relevant, and Time.

- S.M.A.R.T Goals can provide clarity, direction, and motivation. When you set goals, you will feel more in control of your future and can stay focused on what we want most out of our experiences.
- Make a list of your S.M.A.R.T Goals for next year. Include goals for all areas of your life: balance, collaboration, and reflection. Remember there is a difference between GOAL Setting and GRADE setting - it's not about the grade, rather the skills and learner dispositions you gained by working through and achieving your goal.



# 8th Grade College & Career Preparation

## How Do I Start To Figure Out High School?

Make a list of things based on your answers to the following: What courses have you enjoyed taking?

What activities have you enjoyed being a part of?

Are there activities or courses you wish you had tried?

## How Do I Pick an Endorsement Pathway?

Take the [MapMyGrade](#) quiz to see which endorsements make your interests.

Talk to your counselor about your results.

## Things To Consider

What clubs on campus align with my interest?

What courses are available to take that will help me toward my interest area?

Are their adults in my life that I could ask questions to about my career interests?

## How Do I Learn More About Careers and High School?

Attend your 8th grade career day and ask a lot of questions. Attend the 8th grade night at your new high school and ask questions.

Attend the Programs of Choice

Community nights and ask questions.

## How Do I Decide On Courses For High School?

What challenging courses does your AP Potential suggest you try? Are you more interested in an academic pathway or a CTE pathway?

Have conversations with your counselor about your interests and course options in High School.

**Notes**

This image shows a full page of blank, lined paper. It features approximately 28 evenly spaced horizontal grey lines across its entire width, providing a guide for handwriting or typing. The paper itself is a clean, off-white color. There are no margins, text, or other markings present on the page.



# High School Parent's Guide

to Supporting Your Student's Goals



## Every Year

- Talk with your student about their college plans or career goals
- Work with your student to have a strong plan for keeping track of grades
- Work with your student to continue to save for college
- Encourage your student to take courses that challenge them like AAC, AP, Dual Credit, and/or CTE courses
- Work with your student to continue to save for college
- Establish a good relationship with teachers

## 9th Grade

- Have conversations about the colleges that match their interests ([Program of Study](#): identifies colleges that offer areas of interest)
- Help your student begin a list of awards, honors, extracurricular activities and volunteer work they take part in.

## 10th Grade

- Attend the District College and Career Fair with your student
- Start making college visits with your student  
Encourage your student to be independent
- and balance homework with other activities or a part-time job

## 11th Grade

- Have deeper conversations about the schools they are interested in to help them narrow their choices
- Attend the District College and Career Fair with your student
- Visit colleges and Work on the College Essay

## 12th Grade

- Collect required [FASFA documents](#) in preparation for filling out for financial Aid.
- Work with your student to keep track of admission deadlines and their college application checklist



[US Department of  
Education: College  
Scorecard](#)



[College Board Access  
College Campus Visit  
Checklist](#)



## Comparison of Academic Course Levels

On-Level	Advanced Academics (AAC)	Advanced Placement AP	Dual Credit	OnRamps Dual Enrollment
Choosing an academic level is not "all or nothing." Students may take from one to all of their classes at any level as well as move to different levels from year to year.				
GRADE LEVELS				
Grades 6-12	Grades 6-12	Grades 9-12	Grades 10-12	Grades 10-12
FBISD's on-level curriculum is a college-bound curriculum.	Course designed to be more challenging than on-level course and prepares students for rigor of subsequent AP Course(s)	Course prepares students to take an AP Exam for college credit.  Prepares students for success in college level course work.	Course earns college credit through Houston Community College (HCC)  "Dual credit" earned is college credit and high school credit for one course.	Students are enrolled in a college course in conjunction with their high school course and earn credit for the high school course and college credit from UT
REQUIREMENTS FOR ENROLLMENT				
Open Enrollment	Open Enrollment  Possible pre-requisite courses may exist for some courses.	Open Enrollment  Possible pre-requisite courses may exist for some courses.	Meet or exceed the required minimum scores on the TSIA, ACT, SAT, PSAT, or EOC exams  Acceptance into HCC by deadline.	Open Enrollment  Possible pre-requisite courses may exist for some courses.
GPA WEIGHT				
Semester numeric average only	+5 points to semester numeric average	+10 points to semester numeric average	+10 points to semester numeric average	+10 points to semester numeric average
COLLEGE CREDIT				
No college credit earned	No college credit earned	Student must earn a 3,4,5 on the AP exam for a passing score.  Passing AP Scores are accepted for college credit at: <ul style="list-style-type: none"><li>• All Texas public universities</li><li>• At most public and private universities nationwide</li></ul>	Student will earn high school and HCC college credit for passed courses.  College Credit is accepted at all Texas public colleges and universities.  College Credit at private or out of state schools will vary  Low or failing grades in any dual credit course can affect admission status and financial aid for any institution following graduation.	Students are able to decided at the end of the course if they would like to accept the college credit or not.
ADDITIONAL INFORMATION				
Additional support may be needed for transition to AAC/AP courses.	H/GT courses are comparable to AAC courses with the exception that the course does not have direct alignment to a subsequent AP course.	AP Exam fees apply. Reduced fees are available for lowincome students.  To order an AP exam, students must make an exam decision on College Board MyAP website and pay for the exam through FBISD.  Course grades reported on high school transcript.	Dual Credit courses are currently tuition free through HCC.  Subject to fees and other costs that may include textbooks and specified resources.  Final course grade becomes record on high school and college transcripts.	There is a cost associated with the course and a reduced fee for students who qualify for free and reduced lunch.  The college grade comes at the completion of the UT portion of the course and students must choose whether to accept college credit for the course.

## Foundation Graduation Program Overview

Foundation-Only 22 Credits*	Foundation + Endorsements – 26 Credits	Distinguished Level of Achievement – 26 Credits
<ul style="list-style-type: none"> <li>• 4 credits English – ELA I, II, III, IV or one credit in any authorized advanced English course</li> <li>• 3 credits Mathematics – Algebra I, Geometry, one credit in any authorized advanced math course</li> <li>• 3 credits Science – Biology, IPC/ Chemistry/ Physics, and one credit in any authorized science course</li> <li>• 3 credits Social Studies – US History, Government, Economics, World Geography and/or World History</li> <li>• 2 credits World Language or Computer Science (level I and level II)</li> <li>• 1 credit Physical Education</li> <li>• 1 credit Fine Arts</li> <li>• .5 credit Health (FBISD)</li> <li>• .5 credit Speech (FBISD)</li> <li>• 4 credits in electives (may include CTE or certification courses)</li> </ul> <p>* Students may opt to Foundation-only after completing sophomore year with parent and campus approval.</p>	<ul style="list-style-type: none"> <li>• 4 credits English – ELA I, II, III, IV or one credit in any authorized advanced English course</li> <li>• 4 credits Mathematics – Algebra I, Geometry, two credits in any authorized advanced math course</li> <li>• 4 credits Science – Biology, IPC/ Chemistry/ Physics, and two credits in any authorized science course</li> <li>• 3 credits Social Studies – US History, Government, Economics, World Geography and/or World History</li> <li>• 2 credits World Language or Computer Science (level I and level II)</li> <li>• 1 credit Physical Education</li> <li>• 1 credit Fine Arts</li> <li>• .5 credit Health (FBISD)</li> <li>• .5 credit Speech (FBISD)</li> <li>• 6 credits in electives (may include CTE or certification courses)</li> <li>• Credit requirements specific to at least one endorsement</li> </ul>	<ul style="list-style-type: none"> <li>• 4 credits English – ELA I, II, III, IV or one credit in any authorized advanced English course</li> <li>• 4 credits Mathematics – Algebra I, Geometry, Algebra II**, one credit in any authorized advanced math course</li> <li>• 4 credits Science – Biology, IPC/ Chemistry/ Physics, and two credits in any authorized science course</li> <li>• 3 credits Social Studies – US History, Government, Economics, World Geography and/or World History</li> <li>• 2 credits World Language or Computer Science (level I and level II)</li> <li>• 1 credit Physical Education</li> <li>• 1 credit Fine Arts</li> <li>• .5 credit Health (FBISD)</li> <li>• .5 credit Speech (FBISD)</li> <li>• 6 credits in electives (may include CTE or certification courses)</li> <li>• Credit requirements specific to at least one endorsement</li> </ul>

**\*\*While a student is not required by state law (Texas Education Code, Section 28.025) to successfully complete Algebra II as a requirement for high school graduation, a student may not earn the distinguished level of achievement or be eligible for automatic admission to a Texas public college or university if the student does not successfully complete high school Algebra II. In addition, many colleges and universities require Algebra II as an admission requirement even if the student is not in the top 10% of their class. For more information, please visit the FBISD website: <https://www.fortbendisd.com/Page/984>**

## Endorsements, Programs and Pathways

STEM	Business and Industry	Public Service	Arts and Humanities	Multidisciplinary Studies
<ul style="list-style-type: none"> <li>• Math</li> <li>• Science</li> <li>• STEM</li> </ul>	<ul style="list-style-type: none"> <li>• Agriculture, Food, and Natural Resources</li> <li>• Architecture and Construction</li> <li>• Arts, Audio/Video Technology, and Communications</li> <li>• Business, Marketing, and Finance</li> <li>• Hospitality and Tourism</li> <li>• Information Technology</li> <li>• Manufacturing</li> <li>• Transportation, Distribution, and Logistics</li> <li>• English — Journalism and Debate</li> </ul>	<ul style="list-style-type: none"> <li>• Education and Training</li> <li>• Health Science</li> <li>• Human Services</li> <li>• Junior Reserve Officers' Training Corps (JROTC)</li> <li>• Law and Public Service</li> </ul>	<ul style="list-style-type: none"> <li>• Visual Art (drawing, painting, sculpture, ceramics, and digital art)</li> <li>• Music (band, orchestra, choir)</li> <li>• Theatre (theatre, technical theatre, and theatre production)</li> <li>• Dance</li> <li>• World Languages</li> <li>• Social Studies</li> </ul>	<ul style="list-style-type: none"> <li>• 4x4</li> <li>• Advanced Courses</li> <li>• AP/IB/Dual</li> </ul>

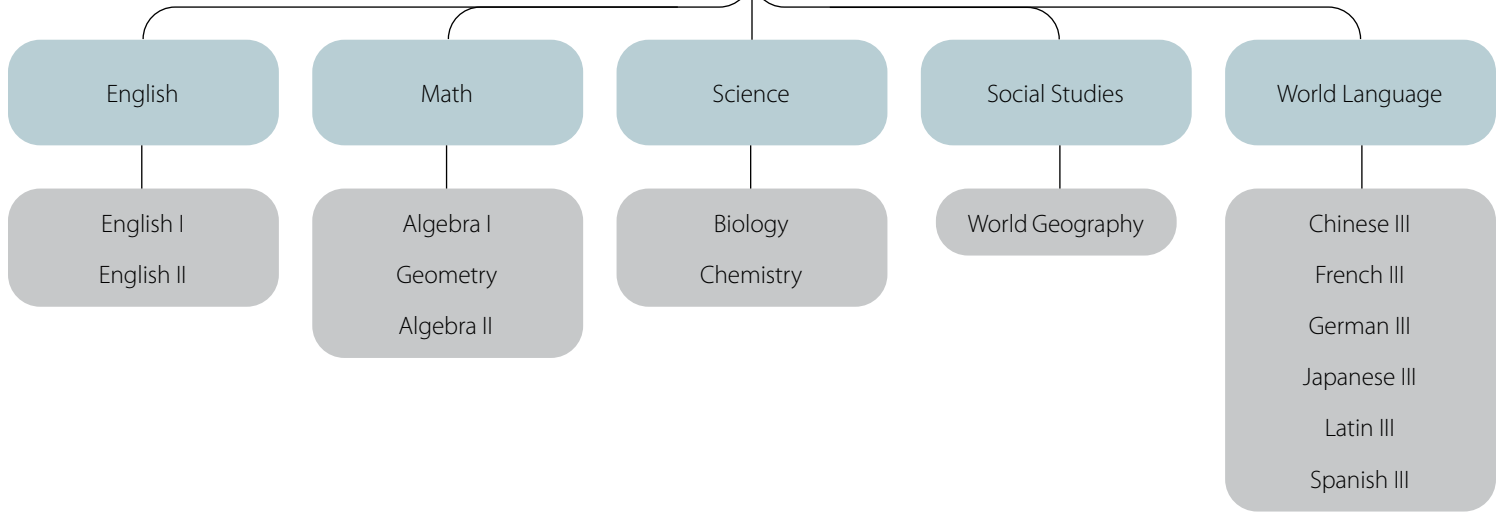
State Assessments Required for Graduation		Performance Acknowledgments	
English I English II Algebra I	US History Biology	<ul style="list-style-type: none"> <li>• Outstanding performance: Dual credit coursework; bilingualism/ biliteracy; college AP or IB exam; PSAT, ACT-Plan, SAT, or ACT</li> </ul>	<ul style="list-style-type: none"> <li>• Certification: nationally or internationally recognized business or industry certificate or license</li> </ul>

## Career Clusters and Careers

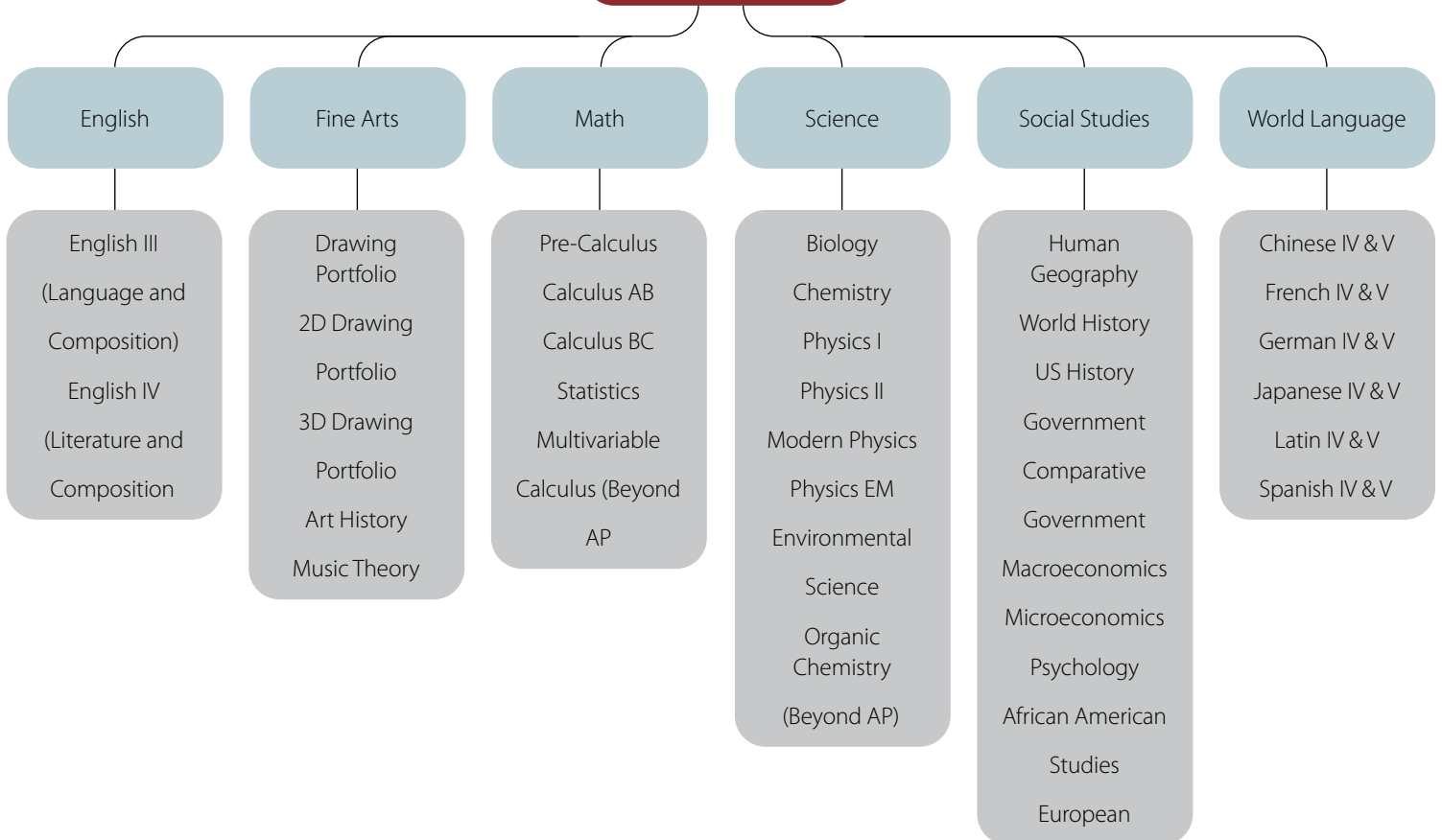
CAREER CLUSTER	DESCRIPTION
Agriculture Food & Natural Resources	Agricultural Science Teacher Veterinarian Forest Fighter
Architecture & Construction	Architect Brickmason or Cement Mason Electrician or Plumber
Arts, A/V Technology & Communications	Graphic Artist Art, Theatre, or Music Teacher Newspaper Reporter
Business Management & Administration	Account! Clerk Financial Manager Company Executive ( CEO,CFO)
Education & Training	School Counselor or School Psychologist Teacher or Teacher's Aide College Advisor
Finance	Actuary Appraiser Financial Institution Manager (Banker)
Government & Public Administration	Government investigator (FBI, CIA, DIA) Public Works Director City or Town Manager
Health Science	Dietician Athletic Trainer Pharmacist
Hospitality & Tourism	Recreational Leader Camp Counselor Travel Agent
Human Services	Child care worker Recreational Worker Rehabilitation or Substance Abuse Director
Information Technology	Computer System Engineer, Analyst or Architect Database Administrator Network Systems Analyst
Law, Public Safety, Corrections & Security	Attorney or District Attorney Corrections Officer Court Reporter or Clerk
Manufacturing	Machine Operator Welder Cabinetmaker or Furniture maker
Marketing	Real Estate Agent or Manager Real Estate Appraiser Fashion or Floral Designer
Science, Technology, Engineering & Mathematics	Anthropologist Physicist Environmental Scientist
Transportation, Distribution & Logistics	Commercial Pilot Air Traffic Controller Transportation Specialist

## AAC Courses

Previously Pre-AP



## AP Courses



## Houston Community College (HCC) Dual Credit Core Courses

HCC dual credit courses being offered on an FBISD high school campus are dependent on available and qualified HCC Adjunct staff. Not all courses listed below are available at all campuses. Please check with your school counselor for available courses at specific high schools.

FBISD DC Course Number	FBISD Course Title	FBISD Credit	HCC Course Number	HCC Course Title	HCC Course Credit Hours	Eligible Grade Levels & Prerequisites	Comments
EL642	English IV	1.0	ENGL 1301 & ENGL 1302	English Composition I & II	6	Open to 12th grade only (Must meet TSI Minimum Requirements)	Course can be taken on a high school or HCC campus. Class size limit of 25 students.
MA555	Independent Study Math (College Algebra)	1.0	MATH 1314	College Algebra	3	Open to 12th grade only (Must meet TSI Minimum Requirements)	College credit awarded in spring semester. Must be taught by FBISD embedded staff due to Independent Study component. Class size limit of 30 students.
SS436	US History	1.0	HIST 1301 & HIST 1302	US History to 1877 & US History after 1877	6	Open to 11th & 12th grade only (Must meet TSI Minimum Requirements)	Must be taught by FBISD embedded staff due to History EOC requirement. Class size limit of 30 students.
SS4461 or SS4462	US Government	0.5	GOVT 2305	American National Government	3	Open to 12th grade only (Must meet TSI Minimum Requirements)	Course can be taken on a high school or HCC campus. Class size limit of 30 students.
SS4561 or SS4562	Economics	0.5	ECON 2301	Principles of Economics (Macro)	3	Open to 12th grade only (Must meet TSI Minimum Requirements)	Course can be taken on a high school or HCC campus. Class size limit of 30 students.
SS513	Psychology	0.5	PSYC 2301	Introduction to Psychology	3	Open to 11th & 12th grade only (Must meet TSI Minimum Requirements)	Course can be taken on a high school or HCC campus. Class size limit of 30 students.
SS523	Sociology	0.5	SOCI 1301	Introduction to Sociology	3	Open to 11th & 12th grade only (Must meet TSI Minimum Requirements)	Course can be taken on a high school or HCC campus. Class size limit of 30 students.
FL711 & FL721	American Sign Language I & II	2.0	SGNL 1401 & SGNL 1402	American Sign Language Beginning I & II	8	Open to 9th through 12th grades (Must meet TSI Minimum Requirements)	Course can be taken on a high school or HCC campus. Class size limit of 16 students.
FL311 & FL321	German I & II	2.0	GERM 1411 & GERM 1412	Beginning German I & II	8	Open to 9th through 12th grades (Must meet TSI Minimum Requirements)	Course can be taken on a high school or HCC campus. Class size limit of 25 students.
CAT385	Professional Communications (Speech)	0.5	SPCH 1315	Public Speaking	3	Open to 11th & 12th grade only (Must meet TSI Minimum Requirements)	Course can be taken on a high school or HCC campus. Class size limit of 25 students.
LP111	College Transitions	0.5	EDUC 1300	Learning Framework	3	Open to 9th through 12th grades (No TSI Requirement)	Course can be taken on a high school or HCC campus. Class size limit of 25 students.
TA610	Mobile Application Development	1.0	ISTE 1402	Computer Programming – Swift I	4	Open to 9th through 12th grades (No TSI Requirement). Must have completed Algebra II & Geometry prior to starting this course.	Course can be taken on a high school campus only. Class size limit of 20 students.

## CTE Dual Credit Courses

Credit awarded through Texas State Technical College (TSTC)  
IHE - Institution of Higher Education awarding college credit

FBISD DC Course Number	FBISD Course Title	FBISD Credit	IHE Course Number	IHE Course Title	IHE Course Credit Hours	Eligible Grade Levels & Prerequisites	Comments
CTD095	Automotive Technology I: Maintenance and Light Repair	2	AUMT 1305 and AUMT 1307	Introduction to Automotive Technology and Automotive Electrical Systems	6 (TSTC)	Open to 10th through 12th grade; Completed application and acceptance required at the James Reese Career and Technical Center; Completed application and acceptance at TSTC	AUMT 1305 is awarded 3 hours credit in the Fall and AUMT 1307 is awarded 3 hours credit in the Spring. Class size limit of 25 students
CTD105	Automotive Technology II: Automotive Service	2	AUMT 1416 and AUMT 1310	Automotive Suspension & Steering Systems and Automotive Brake Systems	7 (TSTC)	Open to 11th and 12th grade; Completed application and acceptance required at the James Reese Career and Technical Center; Completed application and acceptance at TSTC	AUMT 1416 is awarded 4 hours credit in the Fall and AUMT 1310 is awarded 3 hours credit in the Spring. Class size limit of 25 students

## Grade Tracker

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## Grade Tracker

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**Notes**



New in High School		Strategies
You will be with more students	TRY TO	Get to know new students, sit with someone new at lunch, take a new friend, and keep the old friends you have.
Your course load will require more from you	TRY TO	Use a planner or calendar app to keep track of all of your assignments and tests.
You get to choose the level of course you want to take	TRY TO	Take this opportunity to challenge yourself in an area that interests you by taking an Advanced Academics Course, Advanced Placement, or Dual Credit course.
A wider variety of elective courses to choose from	TRY TO	Choose electives that appeal to you or match your interests.  Talk to your counselor about the courses.
Grades and learning	TRY TO	Develop good study skills and strategies to help you keep up with your grades.
Balance between mental health and school work	TRY TO	Connect with an adult that you can go to when you are feeling stressed or need support.

# High School While You Are Here

## Find A Way To Express Yourself

During High School you have the opportunity to continue figuring out your interest through a variety of activities within school and in your community.

- Tryout for a school team sport
- Join Band or Orchestra Join Choir
- Join Theater/Drama
- Join a book club - Visit the Library to discover new worlds
- Discover new interests - Join a club: See Club and Organizations tab on your campus website for a list of clubs.
- Get a Job
- Join faith-based organization Volunteer in your community

## Learning How To Balance

Learning to balance your schoolwork, activities, sleep, spending time with others and taking time for yourself can be difficult.

The Learner Disposition Managing impulsivity means you are thinking before you act; remaining calm, thoughtful, and deliberative. What does it look like, sound like and feel like for you to Manage your Impulsivity?

- How does Managing your Impulsivity benefit you in balancing all the things in your life?
- How does this support you in growing as a human being?
- How does Managing your Impulsivity help you have better relationships with your family, friends and teammates?

## Things To Balance

- Time Management will be important to ensure you do not get overwhelmed. In addition to your classwork, you may be involved in extra-curricular activities at school or in your community, have increased responsibilities at home or taken on a job. Allow time to adjust.
- Developing and adjusting your Study Skills will continue to support your learning and allow you to balance your schoolwork and time spent outside of the classroom for each class.
- Building Relationships with your adults at home, adults at school/within your community, and your peers will help to ensure you feel connected. The adults in your life are also there to provide guidance and resources.
- Social Media is not real life. Balance how you engage and invest in your online life.
- Taking care of yourself mentally and emotionally by advocating for your needs. Remember getting a good night's sleep and taking time to rest will help to keep you focused. Be able to recognize when you are not giving your mental health the attention it needs and acknowledge the steps you need to get back to where you want to be.

## Time Management

- 9 Proven Time Management Techniques and Tools Article - <https://bit.ly/3cpjIEQ>
- Make a chart of all the things you need to balance and how much time you spend on each in a week.

## Study Skills

- Motivating Yourself to Study Article - <https://bit.ly/3TCU93V>
- Make a list of distractions that keep you from getting your homework completed and one way to work through that distraction.

## Making Friends

- Connect with friends in your classes, as well as upperclassmen
- Be yourself and try not to over think things Use social media responsibly

## Taking Care Of Yourself

- 11 Self-Care Tips for Teens and Young Adults Article - <https://bit.ly/3QZ89TJ>
- Try to do one thing a day that fills your cup and encourages you to take care of yourself.



# 9th Grade College & Career Revaluation Exploration

Middle school was a time for exploring interest and thinking about what you wanted high school to look like. Now is the time to start refining those interest and looking toward your post-secondary goals.

## What Adults On Campus Can Help Me Meet My Post Secondary Goals?

- College & Career Readiness
- Advisor (CCRA)
- Counselor
- Teachers
- Coaches
- Administrators

## What Can You Find Out About Those Careers?

Use the tools available on [Mynextmove](https://mynextmove.org) to learn about those careers that match your interests.

## Campus Support

- Meet with your counselor to talk about your course pathways and interests.
- Meet with the College Career Readiness Advisor to talk about how you can meet your career goals.
- Meet with your teachers to create success goals for their class.

## What Careers Match Your Interests

Take an interest survey with [Mynextmove.org](https://mynextmove.org) or through one of the assessments available through Naviance.

## Things To Do

- Use your AP Potential report from your PSAT to know what classes to take that will challenge you?
- Join clubs and/or organizations that match your interests.
- Talk to your parents about your after high school goals.

## Start Setting Goals

- Complete the Smart Goals Assessment in Naviance.
- Set a goal that will help you find out more about the careers you are interested in.
- Set a measurable goal for your academics for the year.

# High School While You Are Here

## Independence And Advocacy

High School is a great time to expand your independence and advocate for yourself and your community.

The Learner Disposition Vulnerability means exposing yourself to uncertainty, risk, and emotional exposure. What does it look like, sound like and feel like for you to be Vulnerable?

- In what ways can being Vulnerable help you to become more independent?
- What does it mean for you to advocate for yourself?
- When you engage in collaboration you open yourself up to being Vulnerable. This is a disposition developed over time and sometimes you have to push yourself past your comfort zone.

## Learning To Collaborate

Engaging in conversations with the adults in your home, your teachers, and your peers about your day, your expectations, and your needs may help others support you and for you to learn how you may support them.

The Learner Disposition Thinking Flexibly means you are able to change perspectives, generate alternatives, and consider options. What does it look like, sound like and feel like for you to Think Flexibly?

- Why is important to Think Flexibly when collaborating and communicating with others?
- How will you own your choices and beliefs while honoring others perspectives?

## Knowing Your Impact

- There are 3 Elements of Communication: your body language makes up 55% of your message. The way you are holding your body (posture, gestures, facial expressions, etc) while communicating makes an impact on how people receive the message. The tone of your voice is 38% of the message. Which leaves the actual words, or context of your message at only 7%.
- Be aware of the impact you allow Social Media and other outside influences to have on your truth; while being aware of your impact on others.
- Communication and Collaboration will look and feel different with different people in your lives. Below are some conversation starters (sentence stems and guiding questions) to support you.

## Conversations With Adults At Home

- "I feel/think \_\_\_\_\_ because \_\_\_\_\_ and I need \_\_\_\_\_."
- "I need help with \_\_\_\_\_."
- "When I get frustrated/mad/sad/any emotion, I need \_\_\_\_\_."

## Conversations With Teachers

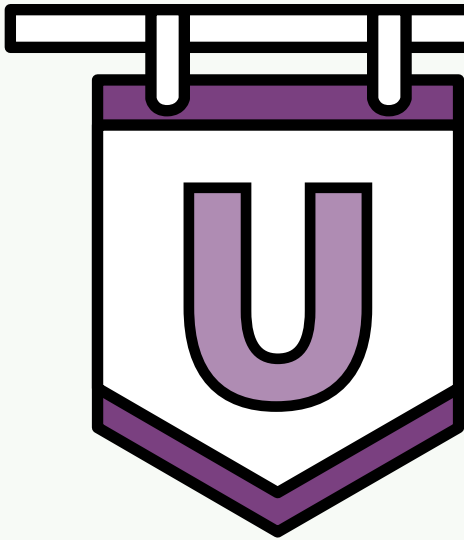
- "I understand up until this point \_\_\_\_\_, and then I get lost."
- "I need help with \_\_\_\_\_."
- "When \_\_\_\_\_ happens, I feel \_\_\_\_\_ and need support from you by \_\_\_\_\_."

## Conversations With Peers

- "Can you tell me more?"
- "This reminds me of \_\_\_\_\_ because \_\_\_\_\_."
- "I agree/disagree with \_\_\_\_\_ because \_\_\_\_\_. "I respect your opinion and I see if from this point of view: \_\_\_\_\_."

## Conversations Via Internet

- Email to an adult: use proper English. No texting language and emojis.
- Text to an adult in your home: be sure to use respectful language.
- Text to your friends: remember once you put it out into the digital world, there is no taking it back.



# 10th Grade College & Career Experience

Now is the time to start refining those interest and looking toward your postsecondary goals.

## How Do I Start To Diversify My Career and College Applications?

- Get involved in school or community based activities.
- Take one or more Advanced Academic, AP, or Dual Credit courses.
- Take the prerequisite courses needed for CTE career based courses.

## How Do I Start To Find Ways to Achieve My Career Interests?

- Take the Career Interest Profiler in Naviance and then use the Explore Careers feature in Naviance to determine what you need to do after school to achieve that.
- Use SuperMatch College Search in Naviance.

## Campus Support

- Meet with your counselor to talk about your course pathways and interests.
- Meet with the College Career Readiness Advisor to talk about how you can meet your career goals.
- Meet with your teachers to create success goals for their class.

## What Can I Do To See If My Interests Align With A Career I Will Enjoy?

- Talk to adults in those fields.
- Look for a job shadowing experience.
- Watch videos of peoples journey to careers and life through
- [RoadTripNation.com](http://RoadTripNation.com)

## Things To Do

- Use your AP Potential report from your PSAT to know what classes to take that will challenge you?
- Look at the CTE courses that align with your career interests.
- Go to the College Fair.
- Visit Colleges and Trade schools.

## Start Setting Goals

- Complete the Smart Goals Assessment in Naviance.
- Set a goal that will help you find out more about the colleges or trade schools you are interested in.
- Set a measurable goal for your academics for the year.

	ACT	SAT	TSIA2
<b><i>Purpose</i></b>	College and University Admissions	College and University Admissions	Community college and trade school admissions, and identification of college readiness
<b><i>SUBJECTS</i></b>	English, Math, Reading, Science, (optional) Essay	Writing and Language, Math, Reading, (optional) Essay	English, Math, English Diagnostic, Math Diagnostic, Essay
<b><i>Number of Questions</i></b>	<b>English: 75</b> <b>Math: 60</b> <b>Reading: 40</b> <b>Science: 40</b> <b>Essay (optional): 1</b>	Writing & Language: 44 Math: 58 Reading: 52 Essay (optional): 1	English: 30 English Diag: 48 Math: 20 Math Diag: 48 Essay: 1
<b><i>Times Per Section</i></b>	<b>English: 45 min</b> <b>Math: 60 min</b> <b>Reading: 35 min</b> <b>Science: 35 min</b> <b>Essay (optional): 40 min</b> <b>Total Time: 215 min</b>	Writing & Language: 35 min Math: 80 min Reading: 65 min Essay (Optional): 50 Min Total Time: 230 min	Unlimited
<b><i>Scores</i></b>	<b>1-36</b> <b>Total Possible 36</b>	200-800 Total Possible 1600	English: 945-990 and Essay of 5-8 Math: 950-990
<b><i>Cost</i></b>	<b>Test: \$52.00</b> <b>Optional Essay: \$16.00</b> <b>Total Cost: \$68.00</b>	Test: \$49.50 Optional Essay: \$15.00 Total cost: \$64.50	Free to Fort Bend ISD Students

## Things to Consider

There are many different pathways you can take to reach your post-secondary life goals. It is always important to reflect on each and make a decision that is the best fit for you. Below you will find the pros and cons to different routes after high school.

	College/University	Trade School	Military
	Perfect for people want to explore different fields or focus areas.	Perfect for people who prefer hands-on work and are sure of what they want to do.	Perfect for people who want to serve their country while learning a usable job skill or education.
Pros	<ul style="list-style-type: none"><li>• Variety of subjects to study</li><li>• Opportunities to advance education like a masters and doctorate degree</li><li>• Financial Aid available</li><li>• Four-year degrees are a requirement for some jobs</li><li>• On average you can earn more over your lifetime than a trade job</li><li>• Study abroad and learn about other cultures</li></ul>	<ul style="list-style-type: none"><li>• Can be more affordable then a tradition college</li><li>• Focuses on career training</li><li>• Possibility of starting a career faster</li><li>• Possibility of high earning potential, depending on the trade.</li><li>• High demand jobs</li><li>• Smaller class sizes</li><li>• Hands on experience</li><li>• Focus on Hard Skills</li><li>• Simpler admission process</li><li>• Cost</li></ul>	<ul style="list-style-type: none"><li>• GI Bill provides money to be used toward a college education</li><li>• Ability to apply for Post 9/11 GI Bill, Montgomery GI Bill, the VEAP, and others</li><li>• Training on high demand jobs can help you find your dream job</li><li>• Some military training could qualify for college credit</li><li>• Free health care</li><li>• Travel to different areas of the world</li><li>• Learn and immerse yourself in different cultures</li></ul>
Cons	<ul style="list-style-type: none"><li>• Usually more expensive then trade school</li><li>• Possibility of larger class sizes</li><li>• May need additional training or work experience to launch a career</li><li>• In-depth admissions process</li><li>• Cost</li></ul>	<ul style="list-style-type: none"><li>• Financial Aid may not be an option</li><li>• Credits may not transfer</li><li>• May not take core education classes like English Composition</li><li>• May not be able to transfer courses to a different program</li><li>• Narrower scope of job opportunities</li></ul>	<ul style="list-style-type: none"><li>• A required years of service requirement</li><li>• Can be deployed for several months at a time</li><li>• Duty station changes may require moving every 2-4 years</li><li>• Consider the difference between Enlisted: enters the military through basic training. Commissioned: enters the military as an officer once they have a degree.</li></ul>

## Branches of the Military

Air Force	Army	Coast Guard	Navy	Marines
The Air and Space Warfare branch of the military protects the United States from the air. The Air Force is also responsible for the military satellites in space.	The Army is the largest branch of the military and they protect the United States on land.	The Costal Defense branch is the smallest of the US military branches. They protect teh U.S. Coastlines, enforce border laws, and help with ocean rescues.	The Naval Warfare branch protects the United States and it's interests at sea using fleets that include battleships, aircraft carriers, and submarines.	The land, sea, and air warfare branch works in collaboration with the Air Force, Army, and Navy.



# High School While You Are Here

## Self-Awareness

High School is a great time to grow your self-awareness: recognizing your emotions and values as well as your strengths and challenges.

The Learner Disposition Reflectiveness means you are taking the time to think about your actions, attitudes, and behaviors. What does it look like, sound like and feel like for you to be Reflective?

- In what ways does Reflectiveness support you in expanding your own self-awareness?
- How does reflecting on your actions, attitudes, and behaviors support you in how you interact with your peers and adults in your life?

## Learning To Reflect

During High School, it is important to self-reflect in an attempt to learn more about yourself and what makes you YOU.

The Learner Disposition Courage means practicing reasoned perseverance in the face of fear or adversity. You are living with Courage when you try new things, and when you stand up for the things you believe in. What does it look like, sound like and feel like for you show Courage?

- How does having Courage support you in figuring out who you are and who you'd like to become?
- Remember that having Courage means taking initiative even if you're nervous!

## Looking Back

- What were ways you balanced your personal life, extra-curricular activities and school work this past year? How successful were you at maintaining balance?
- How did you track your time management? What adjustments do you need to make to ensure your time management tools work for you going forward?
- Are there new or different electives, clubs, or community activities you could join to help support your interests and building your personal community?
- What steps did you practice this year to ensure you were being Reflective?
- Think of the times you collaborated with the adults in your home, a teacher, and your peers, how well did those conversations go? Are their ways you will improve for the next time?
- How will you learn from this past year?

## Growth Mindset

- I can learn anything I want to. I learn from my failures.
- I want to challenge myself.
- I feel like feedback is constructive. I am inspired by the success of others.
- I always persevere, even when I am frustrated.
- My effort and attitude determine everything.

## What You Say To Yourself Matters

### Instead of...

I'm not good at this I'm awesome at this I give up!

This is too hard

I can't make this any better

I made a mistake

I'll never be as smart as them

It's good enough

### Try thinking..

What am I missing? I'm on the right track

I'll use strategies I've learned

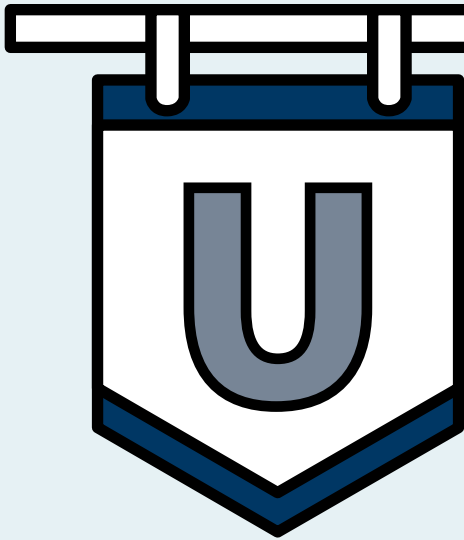
This may take some time and effort

I can always improve; I'll keep trying

I'm going to train my brain in math

I'm going to figure out what they do and try it

Is this really my best work?



# 11th Grade College & Career Prepare

Now is the time to start refining those interest and looking toward your post- secondary goals.

## **What Do I Need To Do To Prepare For My Post Secondary Interests?**

- Attend the district College Fair.
- Attend the district FASFA night to learn about it.
- Update your resume.
- Volunteer in your community.
- Participate in activities and/or an after school job.

## **What Do I Do If I'm Planning On Trade School After High School?**

- Attend the district college fair and meet with trade schools.
- Use [Findmytradeschool.com](https://findmytradeschool.com) to see what programs are in our area that align to your interests.
- Meet with the College and Career Readiness Advisor.
- Visit the campus.

## **Campus Support**

- Meet with your counselor to talk about your course pathways and interests.
- Meet with the College Career Readiness Advisor to talk about how you can meet your career goals.
- Meet with your teachers to create success goals for their class.

## **What Do I Do If I'm Planning On Going To College?**

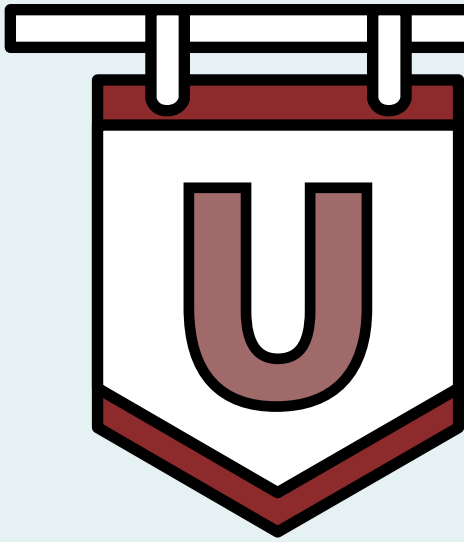
- Narrow down your college choices.
- Make a list of the admissions requirements.
- Use your PSAT results and Khan Academy to prep for the SAT School Day in the spring.
- Attend the college fair and visit with the schools.

## **What Do I Do If I'm Planning On Joining T he Military**

- Determine which branches interest you.
- Meet with recruiters.
- Take the ASVAB.
- Think about joining ROTC as an elective course.
- Make a list of the requirements for joining the military.

## **Start Setting Goals**

- Set a goal that will help you find out more about the colleges or trade schools you are interested in.
- Set a measurable goal for your academics for the year.



# 12th Grade College & Career Application

Now is the time to start refining those interest and looking toward your post- secondary goals.

## How Do I Start My Career and College Applications?

- Attend FBISD's summer College Application Bootcamp.
- Meet with your College and Career Readiness Advisor (CCRA) for help.
- Review the admissions requirements sheet
- Utilize an application checklist like [College Boards checklist](#).
- Utilize the application timeline in this booklet.

## How Do I Start To Find Ways to Achieve My Career Interests?

- Utilize the [Texas Workforce Commision](#) resources when looking at jobs.
- Apply to any trade schools or community college programs that help fulfill any certification requirement.
- Work with your CCRA for job application support.

## Campus Support

- Meet with your counselor to talk about your course pathways and interests.
- Meet with the College Career Readiness Advisor to talk about how you can meet your career goals.
- Meet with your teachers to create success goals for their class.

## What Do I Complete First Semester?

- Attend the district College Fair.
- Attend the FASFA community night.
- Meet with your CCRA for help in filling out the FASFA and your college applications.
- Take the SAT and/or SAT.
- Submit your application.
- Work with a military recruiter if you want to join the military.

## Things To Do

- Complete a college or trade school application if that is your interest.
- Ensure you have met all graduation requirements.
- Ensure you have all the materials by the college, trade school, job, or military after accepted to ensure a smooth transition.

## Start Setting Goals

- Make a list of requirements to complete for your postsecondary goals of college, trade school, or career.
- Begin working with teachers and coaches to acquire recommendation letters.

## College Application Timeline for:

### Summer Before 12th Grade

- Identify the type of application:
- Common Ap or Apply Texas See the college resources section for the differences and similiatries
- Decide on your type of application: early decision, early action, or regular decision
- Application deadlines:
- Financial Aid deadlines
- Scholarship deadlines
- Make a list of the application requirements
- Attend the District College Application Bootcamp

### August - September

- Begin the Application Process
- Draft essay & revise and edit
- Visit colleges you are interested in
- Sign up for the SAT and/or ACT
- Identify your teacher recommendations
- Narrow down scholarships
- Begin meeting monthly with your College and Career Readiness Advisor.

### October - November

- Request official high school transcript
- Request Rec letters (Naviance)
- Provide recommenders with needed materials
- Attend the College Fair
- Complete your FASFA Application
- Take the SAT and/or ACT and/or TSIA2
- Complete an early decision or early action applications

### December - January

- Send in your regular decision applications
- Follow up on recommendation letters
- Send test scores
- Send thank you notes
- Do you need to retake the SAT, ACT, and/or TSIA@

### February - April

- Stay active in your classes and activities
- Keep looking at scholarships and report the ones you get to your
- College & Career Readiness Advisor.
- When you get your acceptance letters, note the decision deadline.

### May

- Fill out any required documents or steps from your college or trade school of choice.
- Sign up for freshman orientation.
- Send any financial aid information to your college or trade school

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To learn more, you may also visit:

[FortbendISD.com/Naviance](https://fortbendisd.com/naviance)

Source:

[ntaskmanager.com/blog/process-improvement-plan/](https://ntaskmanager.com/blog/process-improvement-plan/)

# College/Trade School Admissions Requirements Sheet

College/Trade School Name:

Is the SAT/ACT Required: ☐ Yes ☐ No

Minimum Score Requirement:

Test	Math	English	Composite
SAT			
ACT			

Minimum GPA:

What High School Courses Do They Require?:

Test	Math	English	Science	Social Studies	World Language	Other
# of courses Required						
Any Specific Content Area Courses						

Other Requirements:

## Types of Degrees

What type of degree does your career interest need?

1

### Associate Degree

A two-year degree typically offered at community colleges, technical colleges, and career colleges.  
Can go straight into the workforce or use it as a base for a bachelors degree.

2

### Bachelors Degree

A four or five year program in a specific academic discipline.  
Required for many professional careers.

3

### Graduate Degree

An advanced degree students can earn after completing their bachelors degree and take around 2 years to earn.

4

### Professional Degree

Doctoral or Professional Degree indicate a mastery of a particular subject matter.  
Doctoral degrees focus on research and scholarly development.  
Professional Degree focuses on a specific type of job like an MD.

## Early Decision

VS

## Early Action

VS

## Regular Decision

**Apps typically due around Nov.**

**Decisions sent out in Dec.**

**Apps due sometime in fall**

**Decisions sent out Dec. - Feb.**

**Apps due between Jan. 1 - Feb. 1**

**Decision dates vary**

### Pros

- |   |   |   |
|---|---|---|
| <ul style="list-style-type: none"><li>• An early acceptance letter means the stressful process is over sooner!</li><li>• Schools know your commitment, so your changes can be (slightly) increased.</li></ul> | <ul style="list-style-type: none"><li>• You'll get an early decision, but it's not binding</li><li>• You don't need to withdraw your other applications if you're accepted.</li></ul> | <ul style="list-style-type: none"><li>• Later deadlines mean you have longer to perfect your applications</li><li>• You aren't committed to any school, so it's perfect if you want to keep your options open</li></ul> |
|---|---|---|

### Cons

- |  |   |  |
|--|---|--|
| <ul style="list-style-type: none"><li>• An acceptance is binding, and you must withdraw applications from other schools.</li><li>• Beware of senioritis: don't let your grades slip just because you got in early!</li></ul> | <ul style="list-style-type: none"><li>• You still have to prepare your other applications, just in case the Regular Decision deadline falls right after decisions are mailed out.</li></ul> | <ul style="list-style-type: none"><li>• A large, general applicant pool means still competition</li><li>• You won't receive a decision until later, so you'll be on pins and needles for longer!</li></ul> |
|--|---|--|

### Do this if...

You have one dream school

You love one particular school, but still want to keep your options open

You like a lot of schools, and you want to weigh all of your options

## Apply Texas

All Texas Public and most Private Schools  
Opens July 1st  
Priority deadlines and Regular Decision applications  
2 year College Applications - FREE  
Application fee range - \$25-\$75  
Registrar submits transcript request through Naviance  
Do not need to Match with Naviance  
3 Essay Topics  
Essay is NOT always required  
Copy Existing application to apply to another college

## Similarities

Teacher LOR requested and submitted through Naviance  
Rolling admissions available  
Essays are submitted through the application portal  
All transcript requests are submitted electronically through Naviance  
Applications completed online

## Common App

Nearly 900 colleges (50 US states and 20 Countries)  
Opens August 1st  
Used for out of state, private, and prestigious campuses  
Early Action, Early Decision, Regular Decision applications  
Counselor submits transcript request through Naviance  
Matches with Naviance for counselors to submit required documents  
7 Essay Topics  
Essay is required  
Submit one application for all colleges; each college may have

**Notes**

This image shows a full page of blank, lined paper. It features approximately 28 evenly spaced horizontal grey lines across its entire width, providing a guide for handwriting or typing. The paper itself is a clean, off-white color. There are no margins, text, or other markings present on the page.